



We Serve

DISTRICT 1-J

District Governor
Lion Nancy Rex



October 3, 2008

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Dave Stryker, PDG

Vice District Governor
George Endean

Fox River Region Senior Zone Chairperson
Bob Jackson
Zone 2 Chairperson
Lynn Raske

Southeastern Region Zone 1 Chairperson
Jim Addington
Zone 2 Chairperson Lynn Miller

Central Region Zone 1 Chairperson
Leo Snyder
Zone 2 Chairperson
John Hilliard

Eastern Region Zone 1 Chairperson
Mario Gumino
Zone 2 Chairperson
Perry Knutson

Southwestern Region Zone 1 Chairperson
Chris Halsey
Zone 2 Chairperson
Lee Stone

To: District Governor Nancy Rex
From: Lion Susan Galvez
District 1-J Diabetes Awareness Coordinator

RE: Status Report

The Lions Diabetes Awareness Program was introduced in 1984. Lions became involved in diabetes education because diabetic retinopathy is the leading cause of blindness among people between the ages of 20 to 74. Nearly one-half of people with known diabetes have some degree of **diabetic retinopathy**.

The month of November is designated as the “National Diabetes Month”. We encourage you to promote Diabetes Awareness in your community, sponsor a diabetic eye screening test, participate in the Diabetes Awareness candy day or organize *Strides Walk Lions Walk for Diabetes Awareness*.

On October 1st, I was invited by the Richmond Lions Club at their membership meeting to talk about the Diabetes Awareness Program. I showed a video presentation from ADA camps for children with diabetes, pass out the diabetic risk test and explained why and how our club can benefit in supporting this program. I would like to thank the Richmond Lion Club, Lion Leo and Kay Smith and Lion Harry Krieger for inviting me to their meeting and for the generous donation of \$1000.00 to ADA.

My goal is to sandwich in a visit to the Lions clubs in our district and promote Diabetes Awareness. This is just the beginning.....